

DRY FRUITS LADDOO



LADDOO
LEGACY

INGREDIENT	BENEFIT
Ghee 	Boost overall health, strengthen bones and improve gut health. 
Dry Dates 	Good source of magnesium, calcium, iron, potassium. 
Dry Fruits with Dink 	Good for pregnant women and new moms. 
Seeds 	Rich in omega-3 fatty acids, reduce your risk of heart disease. 



SWEETENER

